



Ilha Grande Fuegos Retreat

A Culinary Journey Unveiling Paradise

Welcome to a Haven of Tranquility

Escape to the breathtaking beauty of Ilha Grande for an extraordinary eight-day retreat at the Ilha Grande Fuegos Retreat. Your journey to wellness and rejuvenation begins the moment you step onto the shores of this idyllic paradise.



Seamless Arrival

Our commitment to your comfort starts with a luxury shuttle service from the Rio de Janeiro/Galeão airport to Angra dos Reis. From there, embark on a scenic speedboat (flex boat) ride to the island. As you arrive at this tropical haven, our friendly team awaits at the pier to greet you warmly and ensure a smooth check-in process. Let the worries of the world slip away as we take care of every detail, including a seamless luggage service to your boutique hotel where a thoughtfully curated vegan care package awaits.



Explore and Discover Paradise

Immerse yourself in the lush embrace of nature with guided hiking trails that unveil historical insights and awe-inspiring landscapes.

Seaside Adventures

Embark on speedboat adventures to paradise beaches, where the crystal-clear waters and pristine sands await your presence. Let the rhythm of the ocean waves and the beauty of untouched landscapes captivate your senses.



Culinary Delights

Savor the culinary masterpieces of Chef Fuegos, beginning with a special vegan brunch that tantalizes your taste buds. The pinnacle of your culinary journey awaits with the ultimate Fuegos experience on a paradise beach, where each dish is a symphony of flavors crafted by fire a la brasa in harmony with nature.



What to Expect with the Fuegos Dining Experience

Arrival

Glide in on a private speedboat to an exclusive beach on the island.

Personalized Relaxation

Unwind with a 15-minute chair massage for each guest, artfully designed to kick off your day with relaxation and rejuvenation.

Culinary Extravaganza

Delight your palate with a five-course masterpiece, expertly prepared by Chef Fuegos over an open fire on the beach.

Beach Bliss

Bask in leisure time to enjoy the pristine beach and the beauty of the natural surroundings.

Captured Moments

Preserve the memories with a dedicated videographer capturing every cherished moment of your extraordinary experience.

Thoughtful Keepsake

Receive a carefully curated gift bag as our token of appreciation.

Departure

Conclude your opulent day with a departure via speedboat, leaving you with lasting memories.



A Farewell with Lasting Memories

As your retreat concludes, bid farewell to this haven with a return transportation journey via speedboat and shuttle van. The memories crafted during your stay are yours to cherish forever.

Ilha Grande Fuegos Retreat - Sample Itinerary

Monday

Enjoy a personalized airport pick-up in our comfortable Shuttle Van to Angra Dos Reis (latest pickup available is at 1 pm).

Embark on a scenic speedboat (flexboat) ride to the captivating Ilha Grande.

Our attentive team greets you at the pier, ensuring a seamless check-in; luggage service to your boutique hotel is provided.

Unwind in your retreat haven where you will discover a vegan care package.

Conclude the evening at your leisure.

Explore our recommended restaurants offering a taste of local flavors and culture listed below.

Tuesday

8 am - 10 am: Enjoy a continental breakfast courtesy of your boutique hotel.

11 am - 1 pm: Welcome Brunch by Chef Fuegos hosted in a boutique hotel.

2 pm - 5 pm: Guided walk to explore the beach Praia Prieta, the 18th Century Aqueduct, the Lazareto Ruins, the Mirante (a breathtaking elevated lookout), and Poço where you can enjoy refreshing natural freshwater pools.

Conclude the evening at your leisure.

Wednesday

8 am - 10 am: Continental breakfast.

10:30 am - 4:30 pm: Embark on the Meia Volta Boat Tour, discovering paradise beaches.

Conclude the evening at your leisure.

Thursday

8 am - 10 am: Continental breakfast.

1 pm - 4:30 pm: Immerse yourself in the unforgettable Fuegos Dining Experience.

Conclude the evening at your leisure.

Friday

8 am - 10 am: Continental breakfast.

10:30 am - 4:30 pm: Explore the Ilhas Paradisiacas on a captivating boat tour.

Conclude the evening at your leisure.

Saturday

8 am - 10 am: Continental breakfast.

10:30 am - 4 pm: Embark on a guided hike to a cascading waterfall.

Conclude the evening at your leisure.

Sunday

8 am - 10 am: Continental breakfast.

10:30 am - 5:30 pm: Experience the Volta à Ilha Boat Tour, discovering hidden paradise beaches.

Conclude the evening at your leisure.

Monday

8 am - 10 am: Continental breakfast.

11 am: Speedboat transfer to Angra Dos Reis.

12 pm: Shuttle Van to the airport for your departure.

Meals Included:

Welcome Brunch
Fuegos Dining Experience
Daily continental breakfast

Note: All other meals are not included.

Explore the island's best restaurants offering vegan options:

Pizza Na Praça
Ateliê Cafeteria
Bar e Restaurante Lua e Mar
Reis & Magos Restaurante (5-minute taxi boat to Saco do Ceu)
Bardjeco
Canoa Café Bar e Lounge
Sorveteria Frente Fria (self-serve acai bowls)
Culinária Roots (fresh artisan bread made by pre-order for the next day)



Book Your Ilha Grande Fuegos Retreat

Gather your group of 8-10 and choose 8 consecutive days in March, April, September, October, or November. These are the ideal months to visit Ilha Grande for optimal weather conditions while enjoying the tranquility of the low tourist season.

Prices start at \$2,200 per person. For inquiries and reservations, contact us at mail@cheffuegos.com.

Your transformative journey awaits—embrace the serenity and culinary delights of the Ilha Grande Fuegos Retreat.

FUEGOS MENU

AMUSE BOUCHE

BOCADINHO DE DELÍCIA SURPRESA

SALADA MISTA - SALAD

ALFACE, TOMATE, PEPINO, CENOURA, CEBOLA
LETTUCE, TOMATO, CUCUMBER, CARROT, ONION

MOLHO DE LIMÃO
LIME VINAIGRETTE

ENTRADA - APPETIZER

ISCA DE INHAME
MALANGA FRITTERS

PRATO PRINCIPAL - MAINS

ESCOLHE 1 - CHOOSE 1

ARROZ CAIÇARA NO BAMBU A LENHA
BAMBOO CAIÇARA RICE WITH HEARTS OF PALM, CARROT, LOCAL CORN

ARROZ COM GUANDU NO BAMBU A LENHA
BAMBOO RICE WITH LOCAL PIGEON PEAS

MOQUECA DE BANANA DA TERRA NO BAMBU A LENHA
BAMBOO BANANA & HEART OF PALM STEW

ACOMPANHAMENTOS - SIDES

FAROFA CAIÇARA
TOASTED CASSAVA FLOUR WITH GARLIC ONION PLANT 'BACON'

PIRÃO DE TOFU
NATIVE STEW WITH TOASTED CASSAVA, FRESH TOMATO, TOFU

BATATA DOCE, BANANA DA TERRA, COZIDO NA BRASA
SWEET POTATO, LOCAL RIPE BANANA, COOKED OVER COALS

PAMONHA CAIÇARA
TAMALES WITH SQUASH & LOCAL CORN

DOCE - DESSERT

MAMÃO VERDE COM CARAMBOLA EM CALDA
GREEN PAPAYA AND STAR FRUIT IN SYRUP

Ingredients are locally sourced and organic whenever possible. Produce may vary by season and location.

FUEGOS BEBIDAS - BEVERAGES

SUCOS DE FRUTAS LOCAIS
FRESH SEASONAL JUICES

ÁGUA MINERAL SEM GÁS
NATURAL SPRING WATER

PELLEGRINO COM GAS
MINERAL WATER

ÁGUA DE COCO
COCONUT WATER

FUEGOS MOLHOS ESPECIAS - SAUCE PAIRINGS

MOLHO DE ALHO
GARLIC CONFIT WITH LIME

MOLHO SOFRITO BAE
SOFRITO BAE SAUCE

PIMENTÃO E CEBOLA EM CONSERVA
PICKLED SOFRITO

VINAGRETE
BRAZILIAN SALSA